



A.A.

Associate's Degree
(Two-year program)



HEALTH & PHYSICAL EDUCATION EMPHASIS

Why Health & Physical Education?

This two-year (63(64) credit) emphasis is designed for students transferring to a four-year college or university to complete a degree in physical education, health education, or coaching.

Upon completion of this program, graduates will demonstrate:

- Obtain a comprehensive general education core background for transfer to a four-year program.
- Have an in-depth background in health and education.
- Have completed the first-two years toward obtaining a degree for a teacher certification.
- Have a working knowledge of the human body and performance.

START HERE — *Go Anywhere*





HEALTH & PHYSICAL EDUCATION

Degree Requirements

Program course requirements are presented in sequence. Part-time students and others who cannot follow this sequence should check Course Descriptions to determine pre-requisites, and should consult their advisor regarding the order in which to take courses. Students should consult the catalog of the institution to which they expect to transfer and should select appropriate core requirement and elective courses in consultation with their advisor.

First Year

Fall Semester: 16 Credits

EDU 101 Teaching And Learning 3
WRIT 101 College Writing I 3
PSYX 100 Intro To Psychology 3
CAPP 131 Basic MS Office 3
Mathematics Core Requirement 3(4)

Spring Semester: 17 Credits

HTH 201 Health Issues for Educators 3
BIOB 104/105 Basic Human Biology & Lab 3,1
WRIT 201 College Writing II 3
PSYX 230 Developmental Psychology 3
COMX 111 Intro to Public Speaking 3

Second Year

Fall Semester: 16 Credits

KIN 105/106 Fundamentals of
Exercise Science & Lab 3,1
HTH 110 Personal Health And Wellness 3
NUTR 221 Basic Human Nutrition 3
NASX 105 Intro To Native American Studies 3
Humanities & Fine Arts Core Requirement 3

Spring Semester: 16 Credits

EDU 222 Educational Psychology and
Development 3
EDU 202 Early Field Experience 1
COA 205 Introduction To Coaching 3
HSTA 101 American History I 3 -or-
HSTA 102 American History II (3)
Humanities & Fine Arts Core Requirement 3
Electives 3

TOTAL CREDITS

63(64)

NOTE: 3 credits of either Humanities & Fine Arts or Social Science must meet the Cultural Diversity requirement.

