

# Surviving vs. Thriving

Webinar Via Zoom

**March 11th 2021**

**12pm to 1pm**

Register at: <https://mtsfdc.ecenterdirect.com/events/4912>



Taught by Brenda Kneeland with  
Eastern Montana Community Mental Health



Funded in-part through a Cooperative Agreement with the U.S. Small Business Administration and the Montana Department of Commerce. Reasonable accommodations will be made if requested two weeks in advance."